

Spiritual (connection with what is most correct) /Mental Energy Explanation

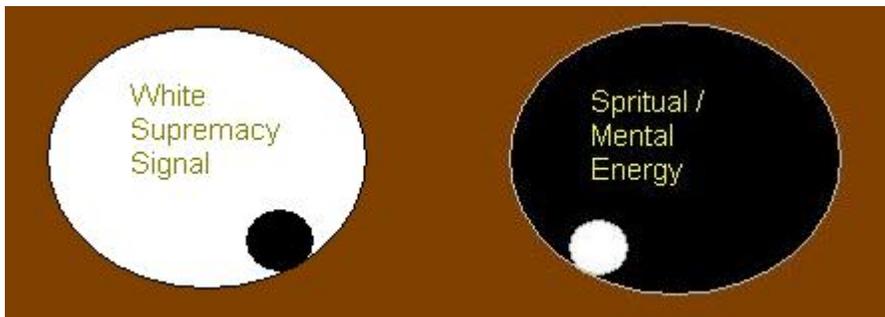
Counter-Racist Signal = Clarity + Focus.

Strong CRS = Clarity {Truth (that which is) transferred clearly} + Focus + AMP {"Loudness" to VOR+ Consistency (24/7)}.

Strong CR signal may be able to de-confuse effective numbers (possibly all) of VORs, regardless of their current amount of Spiritual/Mental Energy.

(Truth + Focus + Loudness to VOR (Receptiveness) + Consistency) = Strong CRS → ↑S/ME → ↑Level Of Aspiration → ↓Numbers of Confused VORs → ↑Effective Numbers

< **Normal S/ME** = Due to present amount of S/ME available for use, goals are attainable under WS. Uninterested in Counter-Racism and/or the production of Justice. Current amount of exposure to CRS is NOT significant enough to de-confuse to Normal. Not likely to intentionally respond in a counter-racist manner without a significant increase in exposure to CRS. Not likely to receive an increase in CRS exposure without increase in AMP.



Given an understanding of the significant interrelation of sexual behavior and - literally - everything else concerning people under conditions of WS (White Supremacy), one's thoughts, speech, and action regarding sex supersede all other behavior in analytical importance.

The following are general descriptions of traits associated with amounts of S/ME:

RAD (Spiritual/Mental Energy = Extremely Low)

- 1) Have provided sexual comfort to White People in at least 1 (one) session in the past six months. General disinterest in (the production of) Justice. Generally not suspicious of White people. May or may not acknowledge the existence of WS. Typically does not analyze, speak, or act in the context of WS. Likely to defend/support White people with words/action; SADD (Space, Abstract, Defend, Divided Loyalties). Typically does not prefer to discuss matters of WS. May seek to change the topic of discussion from WS. Typically uninterested in global matters. Typically VERY White Identified having no views the average White person would say they disagree with and anti-black. Typically lacking historical perspective such that 30-100 years ago seems long gone. Typically inactive in intentionally combating WS. May admit to intentionally not contributing to producing CRS, and may or may not provide a lucid reason as to why. Second largest category.

RAD (S/ME = Very Low)

- 2) Have not provided sexual comfort to White people in the past six months BUT am willing to provide sexual comfort to White people if conducive. Same traits of RAD. Largest category.

RAD (S/ME = Low)

- 3) Have not had sexual contact with White people in the past six months AND am not willing to have sexual contact with White people. Not willing to **openly** reveal this truth. Same traits of RAD. Third largest category.

Non-RAD (S/ME = Normal)

- 4) Have not had sexual contact with White people in the past six months AND am not willing to have sexual contact with White people. Willing to **openly** reveal, to anyone, this truth and the effect it has on self. Generally interested in eliminating WS. Generally understand who the racists are. Readily acknowledges the existence of WS. Almost always speaks in the context of WS. May seek to attach definitions to terms used in discussions of WS. Does not defend White people with words/actions. Typically interested in global matters, actively attempts to understand AND apply their developing understanding to their behavior. May be actively attempting to self improve reducing White Identification and anti-blackness. May directly contribute to CRS. With time, current strength of CRS is enough to de-confuse significantly, possibly to CLEAR. Fourth largest category.

Non-RAD + CLEAR (S/ME = High)

- 5) Have not had sexual contact with White people in the past six months AND am not willing to have sexual contact with White people. Willing to **openly** reveal, to anyone, this truth and the effect it has on self. **Willing to reveal** that having sexual contact with White people is incorrect activity AND can explain why. Interested in RWSWJ. Knows and understands WHY the problem is White people. Greatly suspicious of ALL White people, no exceptions. Pays careful attention to how words are used. Always attempts to be precise with words to accurately reflect what is going on. Always seeks to attach definitions to terms used in discussions of racism. Code-Mode, always attempts to think, speak, and act in the context of WS. Does not defend White people with words/actions, avoids helping White people and understands why that is logical. Typically interested in global matters, actively attempts to understand AND apply developing understanding to behavior. Actively attempts to correct programming reducing White Identification and anti-blackness. Directly contributes to current CRS level. Fifth largest category.